

FUNDING OPPORTUNITIES

QUESTION CORNER

How will the Research Roadmap be used to inform clinical trials for ME/CFS?

The Roadmap will help researchers design and carry out high-quality, successful clinical trials, which rely on accurate diagnoses and ensuring that cohorts are representative of individuals with ME/CFS. To achieve this, the report identified several priorities, such as testing treatments in subtypes of ME/CFS, as well as looking at differences in sex, age, length and severity of illness, and comorbidities. Other ideas included repurposing drugs, finding robust biomarkers, expanding the pool of investigators applying for NIH clinical trial funding, and including people with lived experience in ME/CFS research. Studying disease pathophysiology and mechanisms will inform future trials; for example, by identifying new treatment targets.

How can individuals living with ME/CFS and others with lived experience help move ME/CFS research forward?

People with lived experience can attend and participate in [NIH ME/CFS events](#), connect with a local or national advocacy organization, raise awareness about ME/CFS and other post-infectious illnesses, and/or learn about or participate in [clinical studies and trials](#)

considerations